



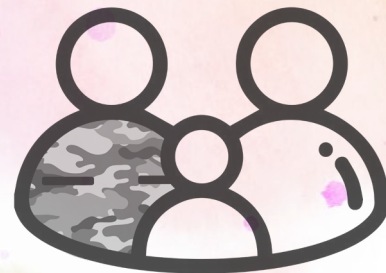
# Supporting Hidden Helpers in the Classroom

This short course is designed to increase the awareness and knowledge of educators and school professionals on the unique needs, strengths, and challenges faced by military caregiving youth.

**4 modules - approximately 30 minutes total**

**There are approximately 2.3 million children under the age of 18 living with a disabled Veteran in communities across the U.S. These young caregivers are referred to as Hidden Helpers because the care they provide is often unseen, unrecognized, and unsupported.**

Participants in this course will gain insights into the daily lives of these young caregivers, understand the impact of their caregiving responsibilities, and learn effective strategies to provide meaningful support. Through engaging video content and supplemental resources, educators will be better equipped to foster a supportive and inclusive environment for military caregiving youth in their classrooms and communities.



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to start learning.



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This program is powered by Wounded Warrior Project to honor and empower post-9/11 injured service members, Veterans, and their families.